



20th September 2019

What wonderful club members.

During our latest rally at Solway View, Mull of Galloway, I managed to upset my back! Just sliding a rubber floor mat over the muddy groundsheet with my foot suddenly inflicted excruciating pain in my lower back. I was a mess.

Spasms of lower back pain were frequent making standing up from a seated position very painful. So painful that manning up to actually moving took me half an hour on one occasion. I went for an essential walk to the toilet that was two minutes away, it took about ten. A child learning to walk would have passed me like the hare and tortoise.

The Gobur Owners Club 'A Team' sprung into action providing a back brace, Vick rub, a hot water bottle, ice pack, and lots of advice. They also assisted Pat when the awning had to come down applying many hands to the job and plastic sheeting to keep the awning roof off the muddy floor.

I sat and managed the crew who did an excellent job with the occasional injection of humour and laughter causing spasms of pain.

The day the rally moved to Penrith and we were alone, Patricia and Neil from Solway View Campsite were the local angels ensuring that we were able to travel to and from the medical centre at Gatehouse of Fleet for our appointment and collection of medication. Then out of the blue a complete stranger from the bottom field arrived offering to do shopping for us.

After a considerable number of one way conversations with the RAC we were eventually set to go home. That morning Steve (the early bird) drove from Penrith Site all the way back to us at Solway View and helped Pat take down the Carousel.

My greatest thanks go to all of the helpers. (This is where the 'A Team music should be played).

Thank you once again.

Best Wishes,

Russell and Pat.