



University of the Third Age in Bury St Edmunds



Registered Charity: 803112 Affiliated to the Third Age Trust

APRIL 2009 UPDATE

NEXT LECTURE AT THE ATHENAEUM — 19th MAY

Due to circumstances beyond their control, the British Antarctic Survey Team are unable to provide a speaker for our May meeting. They hope, however, to be able to fill one of our slots for 2010. At short notice, our Chairman, David Dougan, has agreed to speak about 'Siena, Renaissance City'. In his fully-illustrated lecture, David will talk about the history of Siena and its many magnificent artistic treasures. He says 'It is one of the loveliest cities in Europe and an outstanding example of early artistic expression. It simply teems with masterpieces of all kinds - architecture, painting, sculpture - and I hope to bring Siena alive to our members in May.'

Writing One's Memoirs - a New Group?

I am thinking of setting up a Group on writing one's Memoirs. Having been to the Autumn Academy in 2008 where a very interesting presentation was made on the subject, I think there would be some interest here in Bury. I do not envisage it going on for any length of time because by its very nature it is a solitary occupation but a small support group would I think be helpful for those of us determined to trawl our photo albums and memories to tackle the subject! I have broached this subject before but with only a limited response. Please let me know by phone, letter or e-mail if you are interested and more importantly could offer either a venue [your home] and or some practical input. In the first instance I shall invite the Speaker who inspired me to come to give us some ideas for research. Those of you who have already contacted me do not need to do so again, I have your details. If the numbers are not great we may be able to use the U3A office on an afternoon but would prefer a central home base as the office could not accommodate more than about 5 people.

Jayne Gilbert e-mail: babyjudge@tiscali.co.uk Telephone 01284-789335. Address: Meadowsweet Cottage High St Stansfield CO10 8LN.

Care on the Road (Short Course) Update

John Dean, Course Leader and Approved Car Tutor for the local RoSPA Advanced Driving Group, has examined the cost of offering practical experience under the auspices of this Group. They normally require payment for an advanced test upfront as well as a membership subscription. However, John has persuaded the Group to offer a special concession to U3A Members, that of Associate Membership.

For an annual cost of £10 this would give the Associate Member the opportunity to attend all meetings/talks notified in their local newsletter. Driving problems could be discussed with other members who may be able to advise on any issues. Practical help could include the opportunity of a couple of 'on the road' sessions with John to help with resolving problem areas that may have arisen over the years. **If you are interested please contact John on 01284 700172**

Art in Action - an Educational Visit

Art in Action was inspired by the simple principle that people are fascinated when artists and craftsmen openly demonstrate their skills and discuss their work.

In 1977, 51 artists and musicians took part and 14,000 visitors arrived. The event is now a showcase for over 250 demonstrators from a wide range of disciplines including painting, sculpture, drawing, ceramics and textiles, attracting over 22,000 visitors.

I think of this event as the "Chelsea Flower Show" for artists, sculptors & musicians (and everybody else interested in art).

Website: www.artinaction.org.uk. There will be posters and flyers available at a later date.

Art in Action is held at Waterperry Gardens, in Oxfordshire. The trip is arranged for Sunday 19th July – cost £26 per head. Transport (times to be confirmed) will be by bus, leaving Ram Meadow at 8:15 am, returning about 7 pm. Please apply to me for tickets.

Jayne Gilbert - 01284 789335

May Update. Last day for submissions to Bill Gridley is **7th May**, either by
Email: bgr707@waitrose.com or Post: **4 Russet Close, BSE IP32 7HD**

Committee 2009 – 2010

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U3A Signpost

The monthly newsletter can now be viewed on-line, with better presentation, at the web-site www.worldu3a.org/signpost

BBC GARDENERS' WORLD LIVE AT THE NEC, BIRMINGHAM, FRIDAY 12 JUNE 2009

Garden Group1 are visiting the show and there are a few tickets left. Entrance to show £14.50, coach fare £13.50.

Please contact Judith Brown: Tel: 01359 268538. Email: judithbrown02@mypostoffice.co.uk.

TRAVEL GROUP VISIT TO YORK, 13-17 JULY

There are still a few places available for any members of Bury U3A to join the Travel Group 5 day visit to York in July. We shall travel by coach and stay in university student accommodation (half board, single en suite rooms), and visit many interesting places. Total cost is £330 per person. **Please contact Frances Lewis on 01638 713155 for more information.**

Dates for your Diary 2009

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| 15th April | Visit to Prince Charles' Gardens at Highgrove |
| 19th May | Athenaeum Lecture
'Siena, Renaissance City'
by Dr David Dougan |
| 16th June | Athenaeum Lecture
'A Monologue on Monologues'
by Professor Eric Midwinter - a founder member of the U3A |
| 19th July | 'Art in Action' Visit to Waterperry Gardens in Oxfordshire |
| 21st July | Athenaeum Lecture
'Wetlands - the RSPB in the Fens'
by Eleanor Fretwell - from the RSPB Visitor Centre at Lakenheath Fen |

Please note that further details are available for the above events on notices on the board at the lecture and will also be published in more detail later.

Our Office is at:		
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Office attended Mondays to Fridays 10 am to 12 Noon		