

Internet Explorer 7.x

Exit Internet Explorer 7, and then exit any instances of Windows Explorer

Click Start, click Run, type inetcpl.cpl, and then press ENTER

On the General tab, click Delete under Browsing History in the Internet Properties dialog box

In the Delete Browsing History dialog box, click Delete Cookies

In the Delete Cookies dialog box, click Yes.

Internet Explorer (all other versions)

Internet Explorer saves cookies in more than one location, depending on the version of the browser and the version of Microsoft Windows being used.

The best way to find and delete them is to close Internet Explorer then use your file management software (such as Windows Explorer) and search for a folder called 'cookies'.